Event Planning
Basket Weaving
Photography
Self Defense
Sushi Party
Basic Computer Skills
Home Buyers Workshop
Canvas Painting
+Many More!

Make it Memorable
Plan your next event like an expert!
Personal and Professional Development

First Step to Great Leadership: Creating a Compelling Vision
Instructor: Brian Jones
Monday, Jan 30, 5:30 – 6:45 pm
Library Conference Room A, $25
Do you have a clear, succinct and energizing vision? If you could exploit your strengths and overcome your weaknesses better than your competitors, what would it mean for your future? Learn to create a compelling vision that inspires, how to get everyone focused on the right results, conditions that can derail your organization and a simple exercise that can transform your organization.

The Real Leadership Challenge: Getting & Maintaining Peak Performance
Instructor: Brian Jones
Monday, Jan 30, 5:30 – 6:45 pm
Library Conference Room A, $25
Are you realizing your potential? How about the other people on your team? Learn simple and powerful ways that you can take your leadership to the next level. Students will be introduced to a simple seven step process for reaching business and personal goals and gain an understanding of how to learn more effectively and teach others for maximum retention.

How to Outperform and Outlast the Competition
Instructor: Brian Jones
Monday, Feb 6, 5:30 – 6:45 pm
Library Conference Room A, $25
Change or die. Today, the spoils and riches go to those people and organizations that can constantly adapt to new and better ways of doing things. Whether it’s embracing technology, responding to competition, penetrating new markets or finding better ways to serve customers, the winners have discovered the secrets of getting results. Participants will discover how to exploit change for maximum growth, learn the four reasons why people resist change and how to overcome them and explore five strategies for implementing organizational change.

Success for Students through Leadership Development
Instructor: Brian Jones
Thursday, Feb 9, 5:30 – 6:30 pm
Library Conference Room A, $10
(Free for students with ID)
Attendees will be introduced to a proven leadership development process designed to help students achieve higher levels of success. Students will learn how to improve confidence, communication, and leadership skills, which result in better grades, attendance and job-readiness.

Culinary

Nikujaga
Instructor: Yukiko Bivens
Thursday, Feb 9, 5:30 – 7:00 pm
MHS Family and Consumer Science Lab, $25
Learn basics of Japanese home cooking, such as how to cook rice and make miso soup. Students will also learn about necessary seasonings and common Japanese food products. We will prepare a savory Japanese meal complete with fish and vegetables. One of the dishes is Nikujaga, or “mother’s taste,” a popular dish in Japanese homes. A $10 supply fee is payable to the instructor on the night of class.

Sushi Party
Instructor: Yukiko Bivens
Thursday, March 9, 5:30 – 7:00 pm
MHS Family and Consumer Science Lab, $25
Sushi is no doubt one of the most popular Japanese dishes. Learn to cook sushi rice (the most important part of sushi!), prepare ingredients and make your choice of California rolls, tuna rolls, hand rolls or veggie rolls. This is a fun class to attend with friends and family members. A supply fee of $10 is payable to the instructor on the night of class.

Japanese Steak House Style Dishes
Instructor: Yukiko Bivens
Thursday, April 13, 5:30 – 7:00 pm
MHS Family and Consumer Science Lab, $25
Bring Japanese Steak House dishes to your home. In this session, students will learn how to cook fried rice, onion soup and yum-yum sauce. The class involves demonstration, hands on cooking activities and sampling as you go. A supply fee of $10 is payable to the instructor on the night of class.

Quick and Easy Meals
Instructor: Memorie Dickson
Monday, Jan 30, 5:30 – 7:00 pm
MHS Family and Consumer Science Lab, $10
This class is designed for busy moms, college students and anyone else who wants to learn to cook. Memorie will share her favorite recipes, including many make ahead dishes. She will also give you an introduction to meal planning and share some tips to save both time and money. Students will have an opportunity to sample several of the recipes, too. No cooking experience is required. A $5 material fee is payable to the instructor on the night of class.

Special Interest

Wedding and Event Planning Workshop
Instructor: Lori Hilburn
Saturday, Feb 4, 2:00 – 4:00 pm
Library Conference Room A, $25
Are you planning a special event or wedding? If so, join us for a one day workshop designed to answer your most pressing questions. Students will work through setting a budget and timeline for the event. Lori will also lead a discussion on working with vendors, etiquette, invitations, decorating, and executing a memorable event that you’ll be proud to call your own.

Prepare to Care
Instructor: Classie Green
Tuesday, February 7 at noon
Caucus Room, FREE
Caring for a family member is one of the most important—and complicated—roles an individual can play. This workshop covers practical information to make the process easier for both you and your loved one. It includes information on how to have vital conversations with older family members, organize important documents, assess your loved one’s needs and locate important resources. Classie will outline what you need to do—in five simple, easy-to-understand steps—to take care of your loved one in the best possible way.

AARP Driver Safety Class
Instructor: Hurley McMoran
Friday, Jan 20, 8:30 am – 12:30 pm
Library Conference Room A, $15 for AARP Members and $20 for non-members
The American Association of Retired Persons (AARP) Driver Safety Program is designed to help senior drivers understand the effects of aging, adapt to changes we face as we age, identify the most common crash situations, and reduce the chances of having a crash. Most insurance carriers offer a discount to customers who qualify and complete the course. There are no tests and no failures in this course. Checks should be made payable to AARP.

Home Buyers Workshop
Tuesday, March 14, 5:30 – 7:00 pm
Library Conference Room A, FREE
Purchasing a home represents the greatest financial commitment most people will ever make. Let our panel of area mortgage lending experts help take the confusion out of process. Learn about budgeting to buy a home, pre-purchase inspections, types of loans, prequalifying for a loan, the loan process and what to expect at a loan closing.
Art and Hobbies

Introduction to Basket Weaving: Square Baskets
Instructor: Brandy Oliver
Thursday, Feb 2, 6:00 – 8:00 pm
Caucus Room, $10
Learn the basics of weaving a square basket while creating a Cape Cod style blueberry basket to take home. Basket weaving terms, where to get supplies and how to insert different kinds of handles will be discussed. Students should bring a towel and expect to get their hands wet. A $13 material fee is payable to the instructor on the night of class.

Introduction to Basket Weaving: Round Baskets
Instructor: Brandy Oliver
Thursday, March 9, 6:00 pm – 8:00 pm
Caucus Room, $10
Enjoy learning basic basketry techniques in this hands-on evening of fun. Everyone will create a Shaker-style round bottom basket with an oak notched handle sturdy enough to last a lifetime. Discuss basket weaving terms, where to get supplies, and how to insert different kinds of handles. Students should bring a towel and expect to get their hands wet. A $13 material fee is payable to the instructor on the night of class.

Introduction to Basket Weaving: Embellished Baskets
Instructor: Brandy Oliver
Thursday, April 27, 6:00 pm – 8:00 pm
Caucus Room, $10
Making baskets can be as much about art as it is their usefulness. Learn how to incorporate color and different patterns into your basket while making a square based basket. We will also talk about how to dye your own reed and include nature in your art. Students should bring a towel and expect to get their hands wet. A $13 material fee is payable to the instructor on the night of class.

Whimsical Daisy
Instructor: Beverly Sullivan
Monday, April 24, 6:00 – 8:00 pm
Caucus Room, $10
Grab a friend and join Beverly for a fun night painting canvases. She will provide all supplies and guide you to create a whimsical daisy art piece. A $10 material fee is payable to the instructor on the night of class.

I Love Plaster Paint
Instructor: Memorie Dickson
Tuesday, April 18, 5:30 – 7:00 pm
House Room, $20
Just in time for Valentine's Day, create a little heart themed craft using basic and advanced Plaster Paint techniques.

BEGINNER JEWELRY MAKING
Instructor: Memorie Dickson
Tuesday, April 18, 5:30 – 7:00 pm
House Room, $15
Learn the basics of jewelry making and simple repair tricks from local jewelry designer, Memorie Dickson. Students will make a necklace and a bracelet. Beads, stringing materials and a limited number of tools will be available for use or bring your own. This is a fun class to take with friends and family. For adults and students age 10 and up.

Daffodil Canvas
Instructor: Beverly Sullivan
Monday, March 6, 6:00 – 8:00 pm
Caucus Room, $10
Join Beverly for a fun night of painting. She will guide you to paint your very own daffodil canvas, a perfect home accent for spring. A $10 material fee is payable to the instructor on the night of class.

Photography

Digital Image Processing Using Adobe Photoshop®
Instructor: Dr. Sayeed Mehmood
Tuesdays and Thursdays, Feb 28, March 2, 7 & 9, 6 – 8 pm
House Room, $100
This class will cover a wide range of topics from basic Photoshop operations to more advanced techniques, such as working with layers and layer masks. Some creative techniques, including adding effects and portrait enhancement, will be covered. RAW image processing with ADOBE Camera Raw will also be discussed. Some basic image processing techniques with Adobe Lightroom® will be included. The material will be equally applicable to recent versions of Photoshop. This class is for serious amateurs to aspiring professionals. Students should bring a laptop with adobe Photoshop and Adobe Camera Raw installed. If you do not own a copy of Photoshop®, but would like to take the class, a free one-month trial version is available for download from the Adobe website. In the long run, the best value is probably to sign up for the Photography Plan of the Adobe Creative Cloud, which provides both Photoshop® and Lightroom® for $9.99 a month.

Basic Computer Skills
Instructor: Brian Hairston
Monday, January 30, 5:30 – 7:30 pm
Babin Business Center 122, $30
This class is a gentle, very basic introduction to computers for beginners. Using hands-on exercises and explicit instruction, the class will start with elementary computer concepts and an introduction to basic navigation, such as using the mouse, cursor, desktop, and taskbar. Participants will also be introduced to browsing, web basics, email and basic word processing.

Stay Fit While You Sit
Instructor: Classie Green
Tuesday, January 24 at noon
Caucus Room, FREE
Learn to get fit while you sit. Classie will introduce you to seated exercises that stimulate cardiovascular fitness through stretching, warm-ups, aerobic, cool-downs and relaxation. The exercises are appropriate for all ages. Because these exercises can be done in limited spaces and short blocks of time, they are perfect for a lunch break workout.

How to Take Better Photographs
Instructor: Jim Brewer
Tuesdays, Feb 6 - 27, 6:00 – 7:30 pm
BBC Room 302, $100
Are you getting the most out of your digital camera? If not, join us for this hands-on class and explore the basics of digital photography. Topics will include the relationship between ISO, shutter speed and F-stop, common mistakes made by amateur photographers and how to correct them. Learn how to better photograph the important moments of our family’s life (birthdays, Christmases, Little League baseball, etc.). Don’t miss this opportunity to sharpen your skills!

iPhone / iPad Basics
Instructor: Brian Hairston and Alison Humphrey
Monday, January 23, 5:30 – 7:30 pm
BBC Room, $10
Do you have an iPhone or iPad and feel that you are not taking advantage of all it has to offer? If so, you won’t want to miss this class. This two hour workshop will cover all the basics including iPhone set up, using the built-in apps, playing music at home and on the go, obtaining and using apps, plus troubleshooting, tips and tricks.

Special Interest

Lunch & Learn

Basic Computer Skills
Instructor: Brian Hairston
Monday, January 30, 5:30 – 7:30 pm
Babin Business Center 122, $30
This class is a gentle, very basic introduction to computers for beginners. Using hands-on exercises and explicit instruction, the class will start with elementary computer concepts and an introduction to basic navigation, such as using the mouse, cursor, desktop, and taskbar. Participants will also be introduced to browsing, web basics, email and basic word processing.
6 Convenient Ways to Register!

Email: dickson@uamont.edu  
Visit: Suite 104, Administration Building, UAM  
Call: (870) 460-1327  
Fax: (870) 460-1324  
Mail Form: University of Arkansas at Monticello  
Department of Community Education  
P.O. Box 3520  
Monticello, AR 71656  
Online: [http://www.uamont.edu/pages/resources/community-education/](http://www.uamont.edu/pages/resources/community-education/)

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*If paying by credit card, please call the Cashier's Office @ 870-460-1043

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http://www.uamont.edu/pages/resources/community-education/